Rise & Shine: start here



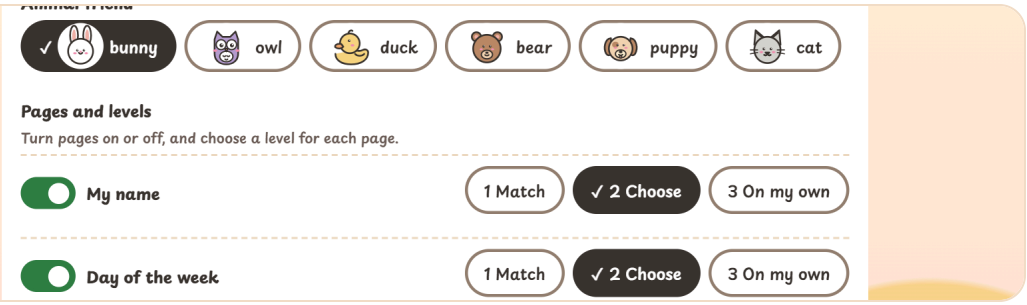
A morning routine children do by themselves on a tablet, computer or smartboard: name, date, weather, feelings and the day's schedule.

1 Open it

- **Computer, Chromebook or smartboard:** unzip the download and double-click **rise-and-shine-app-free.html**. It opens in your browser and works without the internet.
- **iPad or Android tablet:** the full version has a web link you can put on the Home Screen. The free file works best on a computer or smartboard.
- Always open the **same file** (or the same Home Screen icon): that's where your class is saved.

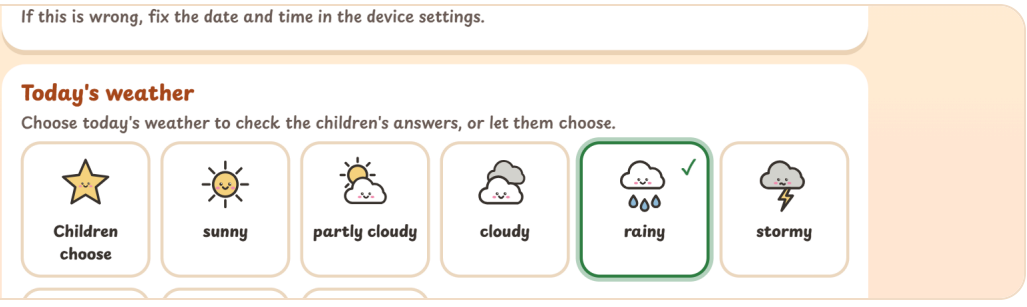
2 Add your children

Hold the Teacher button (bottom right) **for 2 seconds**: a quick tap won't open it, so children stay in their routine. In **Children**, add each child's first name and an animal friend, then choose which pages they do and the level for each page.



3 Set up today (one minute)

In **Today**, tap today's weather, hot or cold, and the season, and build the day's schedule from picture cards. The date, the day of the week and the calendar fill in by themselves.

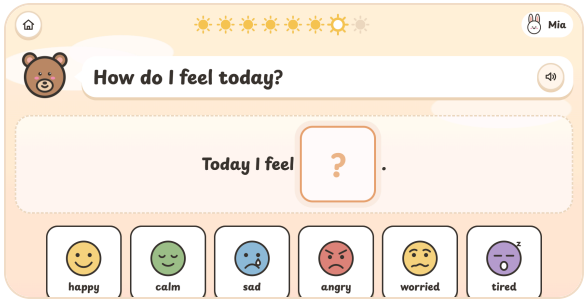


4 Children do their routine

13 pages: my name · what day is it · yesterday, today, tomorrow · today's date · calendar · counting the days · weather · hot or cold · season · what to wear · feelings · what I need · my schedule.

Each child taps their name and works through their pages: tap or drag the picture pieces into place. The device voice reads everything out loud. After 2 tries the right piece glows. If a child feels sad, angry or worried, they choose something that helps. Then: "I'm ready for the day!"





The full version

- Level 2 and Level 3 on every page, so the routine grows with each child.
- Up to 30 children.
- A web link for iPads and Android tablets: it goes on the Home Screen and works without Wi-Fi.

Three levels for every page

Level 1	The answer is shown as a sample, and it is the only piece. Great for learning the routine.
Level 2	The right piece and 2 others to choose from.
Level 3	All the choices (the whole week, all the weather pictures, the schedule out of order).

The free version has Level 1 and room for 2 children. The full version has all 3 levels and up to 30 children.

Progress for IEP data

Every answer is saved with the level and how much help was needed: **I** on my own, **S** some help (a wrong try), **L** a lot of help (the hint was shown). In **Teacher → Progress** you see the last 4 weeks per child, day-by-day grids, feelings and your notes. **Print the report** or **save it as a spreadsheet** for IEP meetings.



Keep your class safe

- Everything is saved only on this device, in this browser. Nothing is sent anywhere: no accounts, no ads, no tracking.
- Clearing the browser's history or website data deletes it. In **Teacher → Settings**, press **Save a backup file** now and then.
- Moving to another device? Save a backup file there, and on the new device press **Open a backup file**.
- Use first names only, and follow your school's rules about student information.

Tips

- No voice? In **Settings**, press **Test the voice**; you can make it slower, or turn it off. The voice comes from the device itself.
- Light or dark look, happy sounds on or off, and weeks starting on Sunday or Monday are in Settings too.
- Children who can't use a finger well can use a keyboard or switch: Tab to a piece, then Enter.